



**Illinois Occupational Therapy Association
Continuing Education**



Leading In Every Moment

ILOTA Leadership Development Series

**Leadership training for occupational therapy
professionals**

March 4, 2017

LEADING IN EVERY MOMENT

We often explore the topic of leadership from the perspective of large training programs, big initiatives, or new roles. While all of these things are important, there is another, simpler way to explore this topic: from the perspective of everyday moments. During this interactive session, we will explore small but powerful ways to create big impact as individuals, with our teams, and in our organizations.

Participants will leave with:

- ◆ Tools and strategies to engage top performers
- ◆ Actionable ways to lead more powerfully during everyday moments
- ◆ Ways to boost morale and improve culture through small but powerful approaches
- ◆ Ways to increase the effectiveness of communication and feedback with team members and colleagues

March 4, 2017

**7:00 am — Sign in, networking
and light breakfast**

**8:00 am —12:00 pm—Course
instruction**

Registration fee:

Members \$79.00;

Non members \$179.00

4 CEU's

Holiday Inn

**2425 Barrington Rd
Hoffman Estates, IL**

**This session is for anyone who wants to lead more
powerfully and effectively, and create positive change as
individuals, as team members, and within an organization.**



Illinois Occupational Therapy Association Continuing Education



Sarah Young, Zing Collaborative

Sarah Young works with big thinkers and inspiring teams to increase their positive impact in the world. Prior to launching Zing Collaborative, Sarah spent 8 years in the healthcare IT world leading people, projects, and teams. It was during this time that she obsessed with human potential, and the possibilities that arise when we combine our strengths, passions, values, and unique leadership style in service of something greater. Sarah's approach blends corporate experience, research, mindfulness, leadership, coaching, and experiential learning with the goal of empowering organizations, teams, and individuals to get great results in a way that feels inspired and alive. Her clients range from healthcare companies to top universities to high-tech startups to construction companies to state agencies. Regardless of the industry, they share one thing in common: they are serious about increasing their positive impact and tapping into their full humanity to do so. When she's not engaged in conversations with clients, you'll find Sarah somewhere in nature, experimenting in the kitchen, riding her fat bike through the woods, or hanging out with her favorite 2-legged and 4-legged companions.

Pre-registration is Required.

Members \$79.00;

non members \$179.00

**Register on-line at www.ilota.org or by
calling 708-452-7640**

4 CEU's

**ILOTA Members—don't forget to use
your \$40.00 membership CE coupon at
registration!**

Zing Collaborative attendee reviews:

"Sarah is a phenomenal speaker and leader. She was able to engage a large room of attendees, and turn a keynote into an inspirational and interactive session that pushed attendees to think outside of their comfort zones. Feedback from the session included: "Sarah Young was outstanding," "Sarah's keynote was the best. She has great tools and ideas," and "Give more time to Sarah!" Not only was Sarah's event keynote a huge hit, but working and planning with Sarah was a joy. She cares deeply about hitting the right balance with the audience, and ensuring that everyone leaves the event with something actionable to bring back to their work."

- Molly O'Grady Murray, [Wisconsin Primary Healthcare Association](#)